

# The Courtyard's Christmas Appeal 2013

Raising funds to support two local charities

*Cinderella* runs at The Courtyard from Friday 29th November to Sunday 5th January 2014



*Lorraine from Heartstart meets the Ugly Sisters from Cinderella*

## PLEASE GIVE GENEROUSLY!

DONATE AT

[www.courtyard.org.uk/support-us](http://www.courtyard.org.uk/support-us)

at Box Office on 01432 340555

or Text UGLY13 £5 to 70070

The Courtyard, Edgar Street, Hereford HR4 9JR

Herefordshire Heartstart is a voluntary organisation established to teach the people of Herefordshire Emergency Life Support (ELS) skills. These skills are the actions needed to keep someone alive until professional help arrives. Heartstart is a local initiative and we rely on donations and grants to keep this vital service running.



Herefordshire schoolgirl, Minnie Albright aged 8, heroically saved her brother's life when he choked on a coin after attempting a magic trick that went horribly wrong.

Minnie learnt life saving skills when she attended a Heartstart course at Pembridge School, Leominster.

The Courtyard, Herefordshire's centre for the Arts is a registered charity (no. 1067869). We need your help to continue to develop and support our vital community and outreach work within Herefordshire for older and younger people.

- 6,500 older people participated in our workshops in day care centres and residential homes in 2012
- 17,000 young people are actively involved with our Youth Programme

All proceeds from the Appeal, raised during the *Cinderella* Pantomime run, will be split equally between Herefordshire Heartstart and The Courtyard.

**SUPPORT  
VITAL  
LOCAL SERVICES:  
SAVE ARTS AND  
HEARTS**