

Hereford Triathlon Club  
Press Release – July 8<sup>th</sup> 2014

International selection for ten Hereford triathletes

A paramedic, speech therapist, paediatrician and teacher are amongst the ten members of Hereford Triathlon Club who will be representing the Great Britain age-group squads at three international championships this season.

This is the largest number of club members that have qualified for Great Britain in its 26 year history.

Eliot Taylor, James Richards, Iain Darwood and Nicola Turvey have all qualified for the World Standard Distance Championships in Edmonton, Canada, in August. The course consists of a 1500 metre lake swim, 40 kilometre cycle course and a 10 kilometre run. James Richards will be doing the double in Canada as he's also qualified for the World Sprint Distance Championships too and will also be racing the shorter course of 750 metre swim, 20 kilometre cycle and 5 kilometre run.

Their club mates Joyce Warburton, Alison Turner, Simon Norwood, Kylie Mansfield and Nicola Goodwin will be travelling to Majorca in October for the European Middle Distance Championships. Their fellow member Celia Speake is also hoping to be selected for the team after gaining a qualifying time at the recent Cotswold Middle Distance race. The course consists of a 1.9km sea swim, 90 kilometre cycle course and a 21 kilometre run.

“We're delighted that so many club members will be travelling to Canada and Spain and representing Great Britain,” said Club Chairman Mike Parry.

“Many of them were inspired to try for selection by seeing the success of their club mates and it's wonderful to see some of our newer members making the squad in their first few seasons in triathlon. We're really proud of our reputation for being a fun and friendly club for all abilities but also a place where people are able to progress to compete at the highest level”

Triathlon is unique in sport as men and women complete in the same races and on the same courses as the professional athletes. The World and European Championships are organised by the International Triathlon Union with the races taking place in different countries and venues each year.

The triathletes were selected by gaining qualifying times in races held across Britain during the past 12 months.

Kylie, Nicola, Nicola and Simon are all members of the Halo Leisure Sports Foundation which supports elite athletes in Herefordshire and mid Wales.

#### Photo Caption

Left to Right – Kylie Mansfield, Nicola Turvey, Joyce Warburton, Iain Darwood, Alison Turner and Nicola Goodwin

#### Triathletes

James Richards – World Sprint Distance Championships in Edmonton, Canada and World Standard Distance Championships in Edmonton, Canada

Age 41, lives in Hereford

Works in business development at L-3 TRL in Tewkesbury

Iain Darwood - World Standard Distance Championships in Edmonton, Canada

Age 40, lives in Hereford

Paediatrician for the Wye Valley NHS Trust

Eliot Taylor - World Standard Distance Championships in Edmonton, Canada

Age 23, lives in Hereford

Trainee manager at Marks and Spencer

Nicola Turvey - World Standard Distance Championships in Edmonton, Canada

55 to 59 age group, lives in Leominster

Service Manager in the Children's Wellbeing Department at Herefordshire Council

Alison Turner – European Middle Distance Championships in Majorca, Spain

Age 52, lives in Hereford

Paramedic with West Midlands Ambulance Service

Alison is also a Grandmother!

Joyce Warburton – European Middle Distance Championships in Majorca, Spain

Age 43, lives in Hereford

Speech and Language Therapist with the Wye Valley NHS Trust

Kylie Mansfield – European Middle Distance Championships in Majorca, Spain

Age 34, lives in Hereford

Teacher at Bishop's School and triathlon coach

Kylie won a bronze medal at the 2013 ITU European Long Distance Championships

Nicola Goodwin – European Middle Distance Championships in Majorca, Spain

Age 40, lives in Hereford

Broadcast Journalist at BBC Hereford and Worcester

Nicola won a gold medal in 2011 and a silver medal in 2010 at the ITU European Long Distance Championships

Simon Norwood – European Middle Distance Championships in Majorca, Spain

Age 44, lives in Leominster

Logistics supervisor at M and M Direct

Celia Speake - – European Middle Distance Championships in Majorca, Spain

Age 47, lives in Builth Wells

Works at the Fforest Fields Holiday Homes and Campsite near Builth Wells

Notes to editors

We're able to set up interviews with any of the athletes or organise photos in kit, whilst training etc. Please contact volunteer press officer Nicola Goodwin on 07966 546068 for more details.

[www.herefordtriathlonclub.co.uk](http://www.herefordtriathlonclub.co.uk)

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