



## Lateral Flow Home Staff Self Twice Weekly Test

The voluntary Innova SARS-CoV-2 Antigen Rapid Qualitative regular NHS Staff Asymptomatic (No COVID-19 Symptoms) Test using a non-invasive self-test kit. It is a swab which has been in contact with the nostril of the person being tested. The swab is inserted into the extraction tube with the extraction fluid and then rotated and pressed to make sure that the sample from the swab is released into the extraction fluid (swab is then discarded at this point). You then take the extraction tube with the nozzle cap and place 2 drops of extracted fluid into the sample well of the LFD testing device cartridge and wait for the results on the test device.

### Process Flow Chart

When to Test? Staff should test themselves twice a week at approximately every three to four days to fit with their 1st shift and then approx. 3 days later for example, Wednesday and Sunday, or Monday and Thursday.

1<sup>st</sup> test of the week whilst at home take test before for shift in the week preferably in the morning and with enough time to wait 30 minutes before the results. If you are on an early start do the test the night before. You don't want to be on route or arrive at work and your result says you are positive

2<sup>nd</sup> test approximately 3 days later in the morning before your next working shift



Take your test as shown in the supplied instructions

Wait 30 minutes for your results

#### Result: NEGATIVE

Add result to the form found on the WMAS home intranet page, or here on Microsoft Teams

<https://forms.office.com/Pages/ResponsePage.aspx?id=Mj9SMrdec0m7wIAz1xrIP0a8VNbGiiGi3tcU3foMWBUMIVLMkwzQ1NjVVRRTTZxSTZFNfFNCQIQCN0PWcu>

QR code below



Or this email address [flow.test@wmas.nhs.uk](mailto:flow.test@wmas.nhs.uk) where we need the following: Your ESR Number, Test Date Test result, test strip lot number (found on the top of each device)

No symptoms: Carry on with the rest of your day, Have a good shift.

If you have coronavirus (COVID-19) symptoms a laboratory swab will be arranged by the WMAS Staff Testing Team.

#### Result: INVALID

Dispose of test add result to the form found on the WMAS home intranet page, or here on Microsoft Teams

<https://forms.office.com/Pages/ResponsePage.aspx?id=Mj9SMrdec0m7wIAz1xrIP0a8VNbGiiGi3tcU3foMWBUMIVLMkwzQ1NjVVRRTTZxSTZFNfFNCQIQCN0PWcu>

or QR code below



Or this email address [flow.test@wmas.nhs.uk](mailto:flow.test@wmas.nhs.uk) where we need the following: Your ESR Number, Test Date Test result, test strip lot number (found on the top of each device)

Repeat the test with a new test kit

#### Result: POSITIVE

Inform you line manager & add result to the form found on the WMAS home intranet page, here

<https://forms.office.com/Pages/ResponsePage.aspx?id=Mj9SMrdec0m7wIAz1xrIP0a8VNbGiiGi3tcU3foMWBUMIVLMkwzQ1NjVVRRTTZxSTZFNfFNCQIQCN0PWcu>

Or QR code below



Or this email address [flow.test@wmas.nhs.uk](mailto:flow.test@wmas.nhs.uk) where we need the following: Your ESR Number, Test Date Test result, test strip lot number (found on the top of each device)

Following informing your manager and recording your result above a confirmatory PCR test will be arranged.

Until then you and your household should isolate as shown in the government guidance [here](#)

Dispose of test normal household waste but should pour any residual buffer solution away first.

## Frequently asked questions

### **Q1. What is the specificity and sensitivity of this particular test?**

The government has published its latest research on these tests which are available on the Trust intranet homepage.

### **Q2. What happens if the buffer solution is accidentally consumed?**

As set out in the manufacturer's safety instructions, the buffer solution is not hazardous; however, if accidentally ingested, a medical practitioner should be informed.

### **Q3. At what stage is Test and Trace informed of the result?**

At the point the confirmatory PCR swab test result is known (not the result of this Lateral Flow Test), and this is positive, test results will, as normal, be referred to WMAS Test and Trace and NHS Track and Trace.

### **Q4. If a staff member has a positive PCR COVID-19 test (swab test), when should they start the lateral flow antigen tests again?**

A staff member who tested positive would recommence home testing 90 days after their positive test was taken. The staff member will need to liaise with their NHS organisation to track the date at which the retesting should start.

### **Q5. If staff are already regularly being tested through existing regimes – SIREN testing, COPE Research or The Oxford Study?**

If staff are already enrolled in another testing regime through their NHS organisation, this should not be replaced by the lateral flow tests unless agreed by your organisation. For example, staff members participating in the SIREN study and having qRT PCR testing every two weeks should also be part of the twice-weekly LFD testing if they are a patient-facing member of staff.

### **Q6. How many tests will staff get?**

Each kit contains 25 foil pouches containing the test cartridge which will last approximately 12 weeks.

### **Q7. How will my results be used?**

Results will be collated by WMAS and provided to NHS England who will use this information to understand asymptomatic COVID-19 prevalence.

### **Q8. Will this testing regime remove the need for staff who have been exposed to a positive COVID-19 case to self-isolate?**

Government self-isolation advice should be followed at all times. This test does not remove the need to self-isolate should you need to.

### **Q9. Can staff use the tests for their symptomatic family members?**

No. Family members who have symptoms should access tests in the normal way.

### **Q10. Why is the testing method different from that described in the manufacturer's original instructions for use?**

NHS England are recommending the swab is used and the sample taken in a different way to the instructions for use, with more rotation of the swab at a lower level of penetration, to enable easier self-administration of the test. This is based on advice from experts.

### **Q11 How do I store the tests at home?**

Normal conditions, they're not recommended to be stored in direct sunlight and they should NOT be stored in a fridge or freezer.